

MCMP L NEWSLETTER

Mary C. Moore Public Library

October 2016

ANNOUNCEMENTS & EVENTS

Online newsletter: <http://www.lacombelibrary.com/newsletter/>

Monthly feature display: Check out our display of family sagas!

The Library will be **CLOSED** Monday, October 10. Happy Thanksgiving, everyone!

Jewelry Workshop: Wednesday, October 12, 6-8pm in the library. Make two beaded pieces for just \$10 per person. Adults and older teens only, please. Space is limited -- please register in advance.

Colouring Club for Adults: Wednesdays, October 5 & 19, drop-in 6-8pm in the library. Relax, unwind and enjoy quiet conversation while being creative! All materials provided. This program is free to attend! Adults only and older teens only, please. See our website for upcoming dates.

Film Club: For our October 25 meeting we are watching *What We Do in the Shadows*, directed by Taika Waititi and Jemaine Clement, which chronicles the adventures of four vampire roommates trying to get by in a modern world that's not always hospitable to the undead. This is a hilarious send-up in which an endearingly unhip quartet of friends reveal to us or, rather, to the documentary crew that's filming them, the details of their daily-make that nightly-routine. Ranging in age from 183 to 8,000, and in appearance from adorably youthful to Nosferatu-crusty, they squabble over household chores, struggle to keep up with the latest trends in technology and fashion, antagonize the local werewolves, cruise clubs for lovely ladies, and deal with the rigors of living on a very, very strict diet. Rated R. Join the discussion 7pm in the library.

Armchair Travel series: October 11 at 7pm in the LMC: "The Camino Call: A journey of the Soul," presented by Beverly Hagen. Last season Beverly gave an Armchair Travel presentation about walking El Camino de Santiago in Spain. This time around, Beverly will describe El Camino from a spiritual perspective. Through pictures and stories she will share some personal experiences that brought her to and through this journey that embodies religious and spiritual aspects.

Local History series: October 27, 7pm in the LMC: "Pioneering Never Ended in Lacombe County Presented by Howard Fredeen." "Some old stories were never told. Others need refreshing. Others need to be rescued from the embellishments added to satiate the writer's literary fancy. New dimensions are added to the fabric of memories with each passing year. Some of the stories may not have happy endings - after all life is not all giggles and laughter - but memory serves like the fanning mill of pioneer farming days. It blows away the chaff, screens out the weed seed and retains the golden kernels."

Book Club: For our November 1 meeting we are reading *Amazing Grace* by Lesley Crewe. "Grace Willingdon has everything she needs. For fifteen years she's lived in a trailer overlooking Bras d'Or Lakes in postcard-perfect Baddeck, Cape Breton, with Fletcher Parsons, a giant teddy bear who's not even her husband. But Grace's blissful life is rudely interrupted when her estranged son calls from New York City, worried about his teenaged daughter. Before she knows it, Grace finds herself the temporary guardian of her self-absorbed, city-slicker granddaughter, Melissa. Trapped between a past she's been struggling to resolve and a present that keeps her on her toes, Grace decides to finally tell her story. Either the truth will absolve her, or cost her everything."

Children's Programs: Registration for regular fall programs began Monday, August 29 at 10am. Classes run September 12 - October 29 and November 7 - December 16. No classes November 11. *All programs are FULL. The next intake will be in January — info will be announced in December. See our website for monthly free special events.

ABOUT US

Hours

Monday-Thursday
10am-8pm
Friday
10am-5pm
Saturday
10am-5pm
Sunday & Stat Holidays
Closed

Library Services

Free Wi-Fi
Free public computer access
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eBook/Audio downloads

Regular Programs

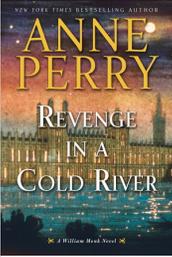
Children's Programs
Monthly Book Club
Knitting Club
Monthly Film Club
Adult Colouring Club
Local History Lectures
Armchair Travel Presentations



NEW BOOK SPOTLIGHT

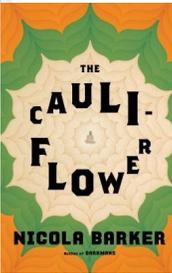
A selection of our recent acquisitions

Adult Fiction



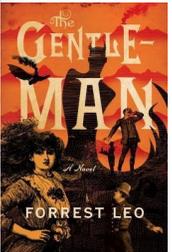
Revenge in a Cold River by Anne Perry

Master of mystery and historical intrigue Anne Perry once again transports readers to the banks of the Thames in Victorian London for her thrilling new William Monk novel. In *Revenge in a Cold River*, Monk faces his darkest hour ever as he spars with a quarry hell-bent on vengeance. When Commander Monk of the Thames River Police is called to investigate the drowning of an escaped prisoner, he's forced to contend with customs officer McNab, who clearly bears a bitter grudge against him. But the reason is a mystery in itself. Monk's memory loss—a secret he guards closely—leaves him vulnerable to repercussions from his missing past . . . especially his exploits overseas, in the tumultuous Gold Rush days of San Francisco. And now McNab, as icy and unfathomable as the steel-gray Thames itself, appears intent on using whatever damning facts he can find to his advantage to ruin Monk's future as an officer of the law. After a second prisoner takes flight, Monk's pursuit results in the accidental death of McNab's right-hand man. As Monk explores the possibility of a conspiracy, McNab's game of cat and mouse escalates, with veiled threats and cryptic references to Monk's past. Snared in an unforeseen trap, a desperate Monk must turn to his wife, Hester, and friend and attorney Oliver Rathbone for help, as his life literally hangs in the balance. With razor-edged suspense and shocking twists and turns, this is Perry at her most intense—and most satisfying.



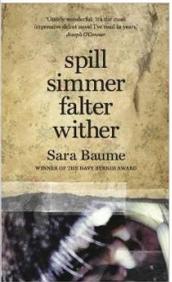
The Cauliflower by Juliette Fay

From Man Booker-shortlisted author Nicola Barker comes an exuberant, multi-voiced new novel mapping the extraordinary life and legacy of a 19th-century Hindu saint. To the world, he is Sri Ramakrishna--godly avatar, esteemed spiritual master, beloved guru (who would prefer not to be called a guru), irresistible charmer. To Rani Rashmoni, she of low caste and large inheritance, he is the brahmin fated to defy tradition and preside over the temple she dares to build, six miles north of Calcutta, along the banks of the Hooghly for Ma Kali, goddess of destruction. But to Hriday, his nephew and longtime caretaker, he is just Uncle--maddening, bewildering Uncle, prone to entering ecstatic trances at the most inconvenient of times, known to sneak out to the forest at midnight to perform dangerous acts of self-effacement, who must be vigilantly safeguarded not only against jealous enemies and devotees with ulterior motives, but also against that most treasured yet insidious of sulfur-rich vegetables: the cauliflower. Rather than puzzling the shards of history and legend together, Barker shatters the mirror again and rearranges the pieces. The result is a biographical novel viewed through a kaleidoscope. Dazzlingly inventive and brilliantly comic, irreverent and mischievous, *The Cauliflower* delivers us into the divine playfulness of a 21st-century literary master.



The Gentleman by Forrest Leo

A funny, fantastically entertaining debut novel, in the spirit of Wodehouse and Monty Python, about a famous poet who inadvertently sells his wife to the devil--then recruits a band of adventurers to rescue her. When Lionel Savage, a popular poet in Victorian London, learns from his butler that they're broke, he marries the beautiful Vivien Lancaster for her money, only to find that his muse has abandoned him. Distraught and contemplating suicide, Savage accidentally conjures the Devil -- the polite "Gentleman" of the title -- who appears at one of the society parties Savage abhors. The two hit it off: the Devil talks about his home, where he employs Dante as a gardener; Savage lends him a volume of Tennyson. But when the party's over and Vivien has disappeared, the poet concludes in horror that he must have inadvertently sold his wife to the dark lord. Newly in love with Vivien, Savage plans a rescue mission to Hell that includes Simmons, the butler; Tompkins, the bookseller; Ashley Lancaster, swashbuckling Budhist; Will Kensington, inventor of a flying machine; and Savage's spirited kid sister, Lizzie, freshly booted from boarding school for a "dalliance." Throughout, his cousin's quibbling footnotes to the text push the story into comedy nirvana.



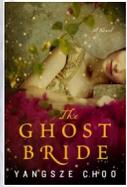
Spill Simmer Falter Wither by Sara Baume

"You find me on a Tuesday, on my Tuesday trip to town. You're sellotaped to the inside pane of the jumble shop window. A photograph of your mangled face and underneath an appeal for a COMPASSIONATE AND TOLERANT OWNER. A PERSON WITHOUT OTHER PETS & WITHOUT CHILDREN UNDER FOUR." *Spill Simmer Falter Wither* is a wholly different kind of love story, a conversation almost entirely told from one side, that spans the four seasons echoed in the novel's title. Written with tremendous empathy and insight, Baume's debut captures the incremental destructive essence of loneliness.

READALIKES

Discover new books & authors

Historical Ghost Fiction



The Ghost Bride, by Yangsze Choo

Though ruled by British overlords, the Chinese of colonial Malaya still cling to ancient customs. And in the sleepy port town of Malacca, ghosts and superstitions abound. Li Lan, the daughter of a genteel but bankrupt family, has few prospects. But fate intervenes when she receives an unusual proposal from the wealthy and powerful Lim family. They want her to become a ghost bride for the family's only son, who recently died under mysterious circumstances. Rarely practiced, a traditional ghost marriage is used to placate a restless spirit. Such a union would guarantee Li Lan a home for the rest of her days, but at a terrible price. After an ominous visit to the opulent Lim mansion, Li Lan finds herself haunted not only by her ghostly would-be suitor, but also by her desire for the Lim's handsome new heir, Tian Bai. Night after night, she is drawn into the shadowy parallel world of the Chinese afterlife, with its ghost cities, paper funeral offerings, vengeful spirits and monstrous bureaucracy—including the mysterious Er Lang, a charming but unpredictable guardian spirit. Li Lan must uncover the Lim family's darkest secrets—and the truth about her own family—before she is trapped in this ghostly world forever.



The Hungry Ghosts by Anne Berry

A tale of both broad global events and intimate lives, this dazzling debut spans 60 years from British Hong Kong to Paris, England, and postcolonial Hong Kong. Alice Safford is a lost soul. Raised in Hong Kong by a monstrous mother and high-ranking father, she is neglected by her parents and indifferent siblings. Twenty-five years later during the Japanese occupation, Lin Shui, a young Chinese girl, was raped and murdered. Now, as a "Hungry Ghost," she finds the perfect host from whom to feed, returning with Alice to her home on the Peak. Together, entangled in the Saffords' web of dark secrets and desperate lies, they unleash chaos. Against a background of political unrest and familial breakdown, Alice's ghostly entourage swells alarmingly. Craving peace, she flees to England, then France, only to find her mischievous "Hungry Ghosts" have accompanied her. With its dazzling array of characters and numerous twists and turns in fortune, this remarkable tour de force of the imagination is full of instantly memorable characters whose lives intermesh and boil over in a cauldron of domestic mayhem, unleashing unworldly spirits into the troubled air.



The Little Stranger by Sarah Waters

The Little Stranger follows the strange adventures of Dr. Faraday, the son of a maid who has built a life of quiet respectability as a country doctor. One dusty postwar summer in his home of rural Warwickshire, he is called to a patient at Hundreds Hall. Home to the Ayres family for more than two centuries, the Georgian house, once grand and handsome, is now in decline, its masonry crumbling, its gardens choked with weeds, the clock in its stable yard permanently fixed at twenty to nine. But are the Ayreses haunted by something more ominous than a dying way of life? Little does Dr. Faraday know how closely, and how terrifyingly, their story is about to become entwined with his.



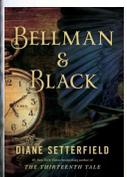
The Haunting of Maddy Clare by Simone St. James

Sarah Piper's lonely, threadbare existence changes when her temporary agency sends her to assist a ghost hunter. Alistair Gellis—rich, handsome, scarred by World War I, and obsessed with ghosts—has been summoned to investigate the spirit of nineteen-year-old maid Maddy Clare, who is haunting the barn where she committed suicide. Since Maddy hated men in life, it is Sarah's task to confront her in death. Soon Sarah is caught up in a desperate struggle. For Maddy's ghost is real, she's angry, and she has powers that defy all reason. Can Sarah and Alistair's assistant, the rough, unsettling Matthew Ryder, discover who Maddy was, where she came from, and what is driving her desire for vengeance—before she destroys them all?



In the Shadow of Blackbirds by Cat Winters

In 1918, the world seems on the verge of apocalypse. Americans roam the streets in gauze masks to ward off the deadly Spanish influenza, and the government ships young men to the front lines of a brutal war, creating an atmosphere of fear and confusion. Sixteen-year-old Mary Shelley Black watches as desperate mourners flock to séances and spirit photographers for comfort, but she herself has never believed in ghosts. During her bleakest moment, however, she's forced to rethink her entire way of looking at life and death, for her first love—a boy who died in battle—returns in spirit form. But what does he want from her?



Bellman & Black by Diane Setterfield

Bellman & Black is a heart-thumpingly perfect ghost story, beautifully and irresistibly written, its ratcheting tension exquisitely calibrated line by line. Its hero is William Bellman, who, as a boy of 11, killed a shiny black rook with a catapult, and who grew up to be someone, his neighbours think, who "could go to the good or the bad." And indeed, although William Bellman's life at first seems blessed—he has a happy marriage to a beautiful woman, becomes father to a brood of bright, strong children, and thrives in business—one by one, people around him die. And at each funeral, he is startled to see a strange man in black, smiling at him. At first, the dead are distant relatives, but eventually his own children die, and then his wife, leaving behind only one child, his favourite, Dora. Unhinged by grief, William gets drunk and stumbles to his wife's fresh grave—and who should be there waiting, but the smiling stranger in black. The stranger has a proposition for William—a mysterious business called "Bellman & Black" . . .

COMING SOON!

The following titles are currently on order.
Place your request today online, or in person at the Library



Adult Fiction

Lyrebird by Cecelia Ahern
The Spawning Grounds by Gail Anderson
-Dargatz
This Was a Man by Jeffrey Archer
Seize the Night by Kelley Armstrong
Hag-Seed by Margaret Atwood
The Twenty-Three by Linwood Barclay
No Man's Land by David Baldacci
Death of a Ghost by M.C. Beaton
Pushing Up Daisies by M.C. Beaton
Wolf on a String by Benjamin Black
Wenjack by Joseph Boyden
History of Loneliness by John Boyne
Thrice a Brinded Cat Hath Mew'd by
Alan Bradley
Cakewalk by Rita Mae Brown
Merrick by Ken Bruen
Dead Man's Daughter by Edna Buchan-
anan
Suicide Motor Club by Chris Buehlman
Jealous Kid by James Lee Burke
Into the Savage Country by Shannon
Burke
Killing Winter by Tom Calloghan
Moonglow by Michael Chabon
Night School by Lee Child
The Crepe Factor by Laura Childs & Ter-
rie Farley Moran
Egg Drop Dead by Laura Childs
Closed Casket by Agatha Christie & So-
phie Hannah
The Wongs vs. the World by Jade Chong
Ruffle of Silk by Alys Clare
Knocked by Carol Higgins Clark
As Time Goes By by Mary Higgins Clark
The Sleeping Beauty Killer by Mary Hig-
gins Clark & Alafair Burke
Cold Earth by Ann Cleeves
Moth Catcher by Ann Cleeves
Man Who Fell from the Sky by Margaret
Coel
Robert B. Parker's Debt to Pay by Reed
Farrel Coleman
The Wrong Side of Goodbye by Michael
Connelly
The Flame Bearer by Bernard Cornwell
Chaos by Patricia Cornwell
Insidious by Catherine Coulter
Garden of Lamentations Deborah Crom-
bie
Deja Who by MaryJanice Davidson
Undead and Done by MaryJanice Da-
vidson
The Wonder by Emma Donoghue
House of Echoes by Brendan Duffy
Buried in the Country by Carola Dunn
Turbo Twenty-Three by Janet Evanovich
Terrible Virtue by Ellen Feldman
The Whole Town's Talking by Fannie
Flagg

Christmas Caramel Murder by Joanne
Fluke
Order to Kill by Vince Flynn & Kyle
Mills
Here I Am by Jonathan Safran Foer
Bryant & May: Strange Tide by Christo-
pher Fowler
Friday on My Mind by Nicci French
The Trespasser by Tana French
I'll See You in Paris by Michelle Gable
Death's Mistress by Terry Goodkind
Angora Alibi by Sally Gostenbaum
Darkest Journey by Heather Graham
Smoke and Mirrors by Elly Griffiths
The Whistler by John Grisham
The Couturier of Milan by Ian Hamilton
All the Little Liars by Charlaine Harris
Conclave by Robert Harris
One Under by Cynthia Harrod-Eagles
Star Fall by Cynthia Harrod-Eagles
Ghost Times Two by Carolyn Hart
House With No Windows by Nadia Hash-
imi
The Railwayman's Wife by Ashley Hay
The Year of the Locust by Terry Hayes
Razor Girl by Carl Hiaasen
Fall of Moscow Station by Mark Henshaw
Detective Galileo by Keigo Higashino
Under the Midnight Sun by Keigo Hi-
gashino
The Midnight Bell by Jack Higgins
Here's to Us by Elin Hilderbrand
Winter Storms by Elin Hilderbrand
Faithful by Alice Hoffman
Wait for the Dark by Kay Hooper
Ghosts of Misty Hollow by Sue Ann Jaf-
farian
No Cats Allowed by Miranda James
The Mistletoe Murder & Other Stories by
P.D. James
Love You Dead by Peter James
Downfall by J.A. Jance
Dead Ground in Between by Maureen
Jennings
Night and Day by Iris Johansen
Theory of Death by Faye Kellerman
End of Watch by Stephen King
Ashley Bell by Dean Koontz
Secret Forest by Dean Koontz
Manitou Canyon by William Kent Krue-
ger
Closer to the Chest by Mercedes Lackey
Catalyst Killing by Hans Olav Lahlum
Chameleon People by Hans Olav Lahlum
Pachinko by Min Jin Lee
Fatal by John Lescroart
Sweet Tomorrow by Debbie Macomber
The Casebook of Newbury and Hobbes by
George Mann
Against the Tide by Kat Martin
Coffin Road by Peter May
The Last Temptation Val McDermid

Kingdom of Darkness by Andy McDer-
mott
Nutshell by Ian McEwan
The Witches of New York by Ami
McKay
The Last Days of Night by Graham Moore
The Fortunate Brother by Donna Morris-
sey
Paris for One & Other Stories by Jojo
Moyes
Bury Them Deep by James Oswald
Prayer for the Dead by James Oswald
Commonwealth by Ann Patchett
Christmas Escape by Anne Perry
Small Great Things by Jodi Picoult
By Gaslight by Steven Price
Rather Be the Devil by Ian Rankin
Dark Corners by Ruth Rendell
Two Nights by Kathy Reichs
Service of the Dead by Candace Robb
Brotherhood in Death by J.D. Robb
Bay of Sighs by Nora Roberts
Stars of Fortune by Nora Roberts
When the Music's Over by Peter Robin-
son
I Hid My Voice by Parinoush Saniee
Damaged by Lisa Scottoline
Zero-G by William Shatner
Mandibles by Lionel Shriver
Two by Two by Nicholas Sparks
Big Showdown by Mickey Spillane
The Award by Danielle Steel
The Mistress by Danielle Steel
Modern Lovers by Emma Straub
An Irish Country Love Story by Patrick
Taylor
Fly by Night by Andrea Thalasinus
Murder in the Bowery by Victoria
Thompson
Foreign Agent by Brad Thor
Shattered Tree by Charles Todd
Gentleman in Moscow by Amor Towles
Ice Age by Fred Vargas
Nostalgia by M.G. Vassanji
Katherine of Aragon by Alison Weir
Deep Blue by Randy Wayne White

Adult Non-Fiction

The Winter Fortress: The Epic Mission to
Sabotage Hitler's Atomic Bomb by Neal
Bascomb
Nazi Hunters by Andrew Nagorski
It's a Long Story by Willie Nelson
John McCrae: Beyond Flanders Field by
Susan Raby-Dunne
Price Paid: The Hidden History of Canada
by Bev Sellars
Time of Your Life by Margaret Trudeau
Embers : Ojibway Meditations by Rich-
ard Wagamese

WHAT WE'RE READING

Staff Picks

Amy

A Great Reckoning by Louise Penny

When an intricate old map is found stuffed into the walls of the bistro in Three Pines, it at first seems no more than a curiosity. But the closer the villagers look, the stranger it becomes. Given to Armand Gamache as a gift the first day of his new job, the map eventually leads him to shattering secrets. To an old friend and older adversary. It leads the former Chief of Homicide for the Sûreté du Québec to places even he is afraid to go. But must. And there he finds four young cadets in the Sûreté academy, and a dead professor. And, with the body, a copy of the old, odd map. Everywhere Gamache turns, he sees Amelia Choquet, one of the cadets. Tattooed and pierced. Guarded and angry. Amelia is more likely to be found on the other side of a police line-up. And yet she is in the academy. A protégée of the murdered professor. The focus of the investigation soon turns to Gamache himself and his mysterious relationship with Amelia, and his possible involvement in the crime. The frantic search for answers takes the investigators back to Three Pines and a stained glass window with its own horrific secrets. For both Amelia Choquet and Armand Gamache, the time has come for a great reckoning.

Arlene

Inside the O'Briens by Lisa Genova

Joe O'Brien is a forty-four-year-old police officer from the Irish Catholic neighborhood of Charlestown, Massachusetts. A devoted husband, proud father of four children in their twenties, and respected officer, Joe begins experiencing bouts of disorganized thinking, uncharacteristic temper outbursts, and strange, involuntary movements. He initially attributes these episodes to the stress of his job, but as these symptoms worsen, he agrees to see a neurologist and is handed a diagnosis that will change his and his family's lives forever: Huntington's Disease. Huntington's is a lethal neurodegenerative disease with no treatment and no cure. Each of Joe's four children has a 50 percent chance of inheriting their father's disease, and a simple blood test can reveal their genetic fate. While watching her potential future in her father's escalating symptoms, twenty-one-year-old daughter Katie struggles with the questions this test imposes on her young adult life. Does she want to know? What if she's gene positive? Can she live with the constant anxiety of not knowing? As Joe's symptoms worsen and he's eventually stripped of his badge and more, Joe struggles to maintain hope and a sense of purpose, while Katie and her siblings must find the courage to either live a life "at risk" or learn their fate.

Connie

Dark Carousel by Christine Feehan

The moment Charlotte Vintage walks into his club, Tariq Asenguard's blood is set on fire. The ancient Carpathian had given up hope of finding his lifemate, but now he will do anything to make Charlotte his own. What Tariq doesn't know is that Charlotte is using herself and her best friend as bait—to try to draw out the bloodthirsty killers who have already murdered Charlotte's brother and mentor. Charlotte is familiar with Tariq. Not only is he one of the richest and most eligible bachelors in the city, but he's also a renowned collector of old carousel horses, which Charlotte restores. Their shared passion opens Charlotte up to trusting him with her life and with the desire she can no longer control. But it also makes her vulnerable to a centuries-old curse that will unite her and Tariq in a war against the enemies of humans and Carpathians alike...

Julie

Drowning Ruth by Christine Schwarz

In the winter of 1919, a young mother named Mathilda Neumann drowns beneath the ice of a rural Wisconsin lake. The shock of her death dramatically changes the lives of her daughter, troubled sister, and husband. . . . Told in the voices of several of the main characters and skipping back and forth in time, the narrative gradually and tantalizingly reveals the dark family secrets and the unsettling discoveries that lead to the truth of what actually happened the night of the drowning. . . .

Kirstin

Welcome to the Goddamn Ice Cube: Chasing Fear and Finding Home in the Great White North by Blair Braverman

Blair Braverman fell in love with the North at an early age: by the time she was 19, she had left her home in California, moved to Norway to learn how to drive sled dogs, and worked as a tour guide on a glacier in Alaska. Determined to make a life for herself in the North, she slowly developed the strength and resilience the landscape demanded of her. By turns funny and sobering, bold and tender, *Welcome to the Goddamn Ice Cube* charts Blair's endeavor to become a "tough girl"—someone who courts danger in an attempt to become fearless. As she ventures into a ruthless arctic landscape, Blair faces down physical exhaustion—being buried alive in an ice cave, and driving a dogsled across the tundra through a white-out blizzard in order to avoid corrupt police—and grapples with both love and violence as she negotiates the complex demands of being a young woman in a man's land. Brilliantly original and bracingly honest.

Mary

Tumbled Graves by Brenda Chapman

When Adele Delaney and her daughter, Violet, go missing, Jacques Rouleau is called upon to investigate. However, struggling with the impending death of his ill ex-wife, he sends Kala Stonechild and Paul Gundersund instead. Stonechild has been trying to adapt to life as her young cousin Dawn's guardian, and even though Gundersund has offered support, Stonechild is at risk of losing custody. On the second day of the investigation, Adele's body turns up, dumped on the shoulder of the highway with no sign of her daughter. Her husband, Ivo, denies any involvement with either his wife's death or their child's disappearance, but not everyone is convinced. As the investigation unfolds, Stonechild learns that Adele was once entangled with a Montreal biker gang and heads to Quebec to investigate further. As Stonechild and Gundersund juggle personal troubles and a complicated, dangerous case, they find themselves piecing together a chain of disasters leading back to a single betrayal.

Melvyn

Decolonize Your Diet by Luz Calvo & Catriona Rueda Esquibel

Decolonize Your Diet begins with the premise that we are living with the legacy of over 500 years of colonization. We recognize the importance of indigenous knowledge, cultures, and ways of being in the world and believe in the need to dismantle colonial systems of power. It is within these broader contexts that we issue the call to "decolonize your diet," with full knowledge that what we need is a dismantling of our entire food-for-profit system. In general, our recipes highlight the immense diversity of healthy, native foods in dishes that are accessible yet satisfying. In a decolonial framework, there is room for multiple ways of eating, so we don't believe everyone needs to make the same food choices. While we are committed to reclaiming knowledge about our ancestral foods, we are not calling for a rejection of any food not native to the Americas, nor do we desire to recreate any one diet from a previous era. We understand that all cultures are living and evolving. Our abuelitas (grandmothers) prepared a simple diet that was as flavorful as it was nourishing. We invite readers from diverse backgrounds to take up our call to bring playfulness and creativity to cooking, and to search for healthy alternatives in more than one direction."

Miranda

The Mountain Story by Lori Lansens

On his 18th birthday, Wolf Truly takes the tramway to the top of the mountain that looms over Palm Springs, intending to jump to his death. Instead he encounters strangers wandering in the mountain wilderness, three women who will change the course of his life. Through a series of missteps he and the women wind up stranded, in view of the city below, but without a way down. They endure five days in freezing temperatures without food or water or shelter, and somehow find the courage to carry on. Wolf, now a grown man, has never told his son, or anyone, what happened on the mountain during those five days, but he can't put it off any longer. And in telling the story to his only child, Daniel, he at last explores the nature of the ties that bind and the sacrifices people will make for love. The mountain still has a hold on Wolf, composed of equal parts beauty and terror.

Sharon

The Table of Less Valued Knights by Marie Phillips

Sir Humphrey du Val of the Table of Less Valued Knights - Camelot's least prestigious table, boringly rectangular in shape and with one leg shorter than the other so that it always has to be propped up with a folded napkin to stop it from rocking - has been banned by King Arthur from going on quests, and hasn't left the castle in fifteen years. He's tempted out of his imposed retirement by Elaine, who is looking for her kidnapped fiancé. She appears to be the classic Damsel in Distress, but turns out to have a big secret to hide. Across the border in Puddock, the new young queen, Martha, is appalled to be married off against her will to the odious Prince Edwin of Tuft. She disguises herself as a boy and runs away, but doesn't get very far before the Locum of the Lake - standing in for the full-time Lady - intercepts her with some startling news: Martha's brother, the true heir to the throne of Puddock, is not dead as she has always thought, and Martha must go on her own quest to find him. The two quests collide, entangling Humphrey, Elaine and Martha's lives, and introducing a host of Arthurian misfits, including a twelve-year-old crone, a magic sword with a mind of her own, a freakishly short giant, and not one but three men in iron masks.

FILM PICKS

Highlights from our Special Film Collection

OCTOBER SPOTLIGHT Darkness Descends



The Witch, directed by Robert Eggers. In this exquisitely made and terrifying new horror film, the age-old concepts of witchcraft, black magic and possession are innovatively brought together to tell the intimate and riveting story of one family's frightful unraveling in the New England wilderness circa 1630. New England, 1630. Upon threat of banishment by the church, an English farmer leaves his colonial plantation, relocating his wife and five children to a remote plot of land on the edge of an ominous forest - within which lurks an unknown evil. Strange and unsettling things begin to happen almost immediately - animals turn malevolent, crops fail, and one child disappears as another becomes seemingly possessed by an evil spirit. With suspicion and paranoia mounting, family members accuse teenage daughter Thomasin of witchcraft, charges she adamantly denies. As circumstances grow more treacherous, each family member's faith, loyalty and love become tested in shocking and unforgettable ways. Writer/director Robert Eggers' debut feature painstakingly recreates a God-fearing New England decades before the 1692 Salem witch trials, in which religious convictions tragically turned to mass hysteria. Told through the eyes of the adolescent Thomasin - in a star-making turn by newcomer Anya Taylor-Joy - and supported by mesmerizing camera work and a powerful musical score, *The Witch* is a chilling and groundbreaking new take on the genre.



Crimson Peak, directed by Guillermo del Toro. Between desire and darkness, between mystery and madness, lies the truth behind *Crimson Peak*. After marrying the charming and seductive Sir Thomas Sharpe, young Edith finds herself swept away to his remote gothic mansion in the English hills. Also living there is Lady Lucille, Thomas' alluring sister and protector of her family's dark secrets. Able to communicate with the dead, Edith tries to decipher the mystery behind the ghostly visions that haunt her new home. As she comes closer to the truth, Edith may learn that true monsters are made of flesh and blood. From the imagination of director Guillermo del Toro comes a supernatural mystery starring Tom Hiddleston, Jessica Chastain, Mia Wasikowska and Charlie Hunnam.



The Falling, directed by Carol Morley. A mesmerizing psychological drama, this film explores a mysterious fainting outbreak in 1969 at an all-girls school. Well-acted and overall unsettling, *The Falling* delivers thought-provoking thrills.



Faust, directed by Kate Melville. Employing elaborate camera movements, a dense soundscape, intricate production design and spectacular locations, *Faust* conjures up a unique and phantasmagoric vision of the Faustian legend. Faust, played by Johannes Zeiler, is a man in search of the ideals of the Enlightenment but he becomes obsessed with the lovely Magarethe (Isolda Dychauk) and eventually sells his soul to the Devil (Anton Adasinsky) also known as the Moneylender, so that he may possess her. Comic, cosmic, painterly and stunningly beautiful scenes abound as the Devil takes Faust on a strange, unforgettable journey that ends in Hell itself.



Hypnotisören (The Hypnotist), directed by Lasse Hallström. Celebrated filmmaker Lasse Hallström adapts Lars Kepler's bestseller to tell the story of a psychiatrist who employs hypnosis as a means of identifying the killer who attempted to wipe out an entire family. With the son clinging to life following a vicious attack, the psychiatrist (Mikael Persbrandt) puts the boy in a trance in hopes of saving the killer's final victim before it's too late. Swedish with English subtitles.



all had arrived in the kingdom and the subjects were still hard at work trying to harvest their crops and put their gardens to bed for the winter. The predictions for winter were fairly dire but the weather wizards were always fickle and prone to surprising everyone. The Library Ladies were adjusting very well to the many changes the summer had brought and were kept busy keeping up with the demands of the subjects. The Royal Children were back at their institute of learning and this scribe has also learned some entertaining tidbits to share.

Lady Christina was finished with budget and had taken a couple of days off to recuperate, although with Lady Christina that did not mean lazing around but rather speeding up to finish errands and family time that had lapsed. Trivia: Author Evelyn Waugh's first wife's name was also Evelyn so they were known as "He-Evelyn" and "She-Evelyn".

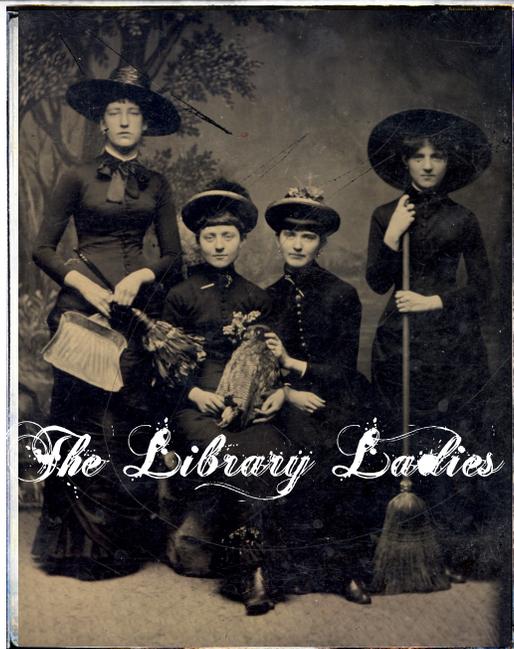
Lady Connie was back at work after nursing her mother after surgery and helping her recover very nicely. She was an excellent nurse and also had a chance to help her mother declutter her abode. Trivia: Detective fiction author Dashiell Hammett started out as a private detective and his first case was to track down a stolen Ferris Wheel.

Lady Sharon had a wonderful time with her oldest daughter and was sad to see her go back to the realm of Northern Ireland. They had enjoyed their visit immensely. Trivia: Agatha Christie disliked her creation Hercule Poirot, calling him a "detestable, bombastic, tiresome, egocentric, little creep."

Lady Mary was pleased to be back with the children. She missed Lady Morgan's help some days but was happy that Lady Morgan was enjoying her school of higher learning. Trivia: When author Roald Dahl was six he made his mother take him to meet Beatrix Potter. This author of beloved children's books didn't actually enjoy children and told them to "buzz off".

Lady Miranda was going to take a small break from motherhood to enjoy a weekend at the film festival in the city of Edmonton. Trivia: Washington Irving who wrote both 'Rip van Winkle' and 'The Legend of Sleepy Hollow' suffered from severe insomnia.

Wizard Melvyn was gearing up for a trip to Calgary to buy more books for the Royal Library. Trivia: Roald Dahl's report card read: "I have never met anybody who so persistently writes words meaning the exact opposite of what is intended."



Lady Kirstin was extremely busy keeping her young family on an even keel. She was doing an admirable job. Trivia: J.M. Barrie set up a celebrity cricket team featuring G.K. Chesterton, Arthur Conan Doyle, Jerome K. Jerome, A.A. Milne and H.G. Wells.

Lady Victoria was still on her trip at the writing of this letter and this scribe has no idea where she is! More news next month. Trivia: Dr. Seuss included the word 'contraceptive' in a draft of his children's book "Hop on Pop" to make sure his publisher was paying attention.

Lady Amy was very busy getting her home ready for winter and, at work, helping the newer staff with any questions or concerns they may have. Trivia: Writer of westerns, Louis L'Amour received 200 rejection letters before he

was published. His novels have now sold 320 million copies worldwide.

Lady Julie had also been very diligent getting her garden and yard in order and preparing food for the winter. She was fitting in well and was always ready to help. Trivia: Harriet Beecher Stowe, author of "Uncle Tom's Cabin", lived next door to Mark Twain.

Lady Arlene was also a very quick learner and was very good at catching discrepancies that others had missed. Trivia: The US sitcom 'I Dream of Jeannie' was created by Sidney Sheldon, who went on to become the seventh bestselling fiction writer of all time.

Lady Emma Joy was the newest library lady. She was filling in for Lady Kirstin's mat leave. The ladies welcomed her help. Trivia: Michael Bond bought Paddington Bear in 1956: he felt sad for the bear as it was the only toy left on the shop's shelves on Christmas Eve.

The Royal Library had many programs coming up and the ladies hoped that the subjects would participate and enjoy the community.

Written by your loyal scribe,

Lady Miss Mary